







## Speech Therapy



# Occupational Therapy



We provide quality Speech & Occupational Therapy services throughout the Fraser & Sunshine Coasts.

REGISTERED PROVIDER

Fraser Coast: Hervey Bay & Maryborough.

We are passionate about providing specialist services to adult & pediatric clients.

We look forward to assisting you or your family to achieve potential in the following areas:

- Interdependent living
- Mobility
- Production of speech
- Language development
- Literacy
- Swallowing / Feeding
- Play / Social skill development

- Toilet training
- Gross motor skills
- Fine motor skills
- · Self regulation skills
- Sensory integration
- Primitive reflex integration





### **Hervey Bay Clinic**

11/107 Boat Harbour Drive Pialba, QLD, 4655 (07) 4128 4792 ph:

f: (07) 4148 6344



### **Maryborough Clinic**

209b Pallas Street Maryborough, QLD, 4650 (Hervey Bay Office) ph: (07) 4128 4792 (07) 4148 6344 f:

### Nambour Clinic

5/15 Mitchell Street Nambour, QLD, 4560

ph: (07) 5476 2900 (07) 5302 6620

### Sunshine Coast Libraries **Lind Lane Theatre** The Salvation Mitchell St 15 Mitchell Street Fort Knox Nambour Storage Nambour Magistrates Court ine Centre

209 Pallas Street

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### **Currimundi Clinic**

25 Saffron Drive Currimundi, QLD, 4551

(07) 5476 2900 ph: (07) 5302 6620



### Caboolture Clinic

3/13 King Street Caboolture, QLD, 4510 (Nambour Office)

(07) 5476 2900 ph: f: (07) 5302 6620





Sound Solutions Therapy Services is a vibrant private practice conveniently located in the heart of Hervey Bay and Maryborough.

We are passionate about improving communication, health and well-being for both children and adults.

Our multi-disciplinary health care centres provide speech and occupational therapy services in one convenient location. We also travel to schools, homes and childcare centres throughout the Fraser Coast to provide services to clients who cannot attend at the clinic.

Sound Solutions Therapy Services accept referrals under EPC or CDM plans and DVA clients. We are also able to see clients of all ages under the NDIS.

Sound Solutions Therapists can complete a range of assessments to access a child's motor skills, sensory preferences, language skills, visual perceptual skills, speech skills and general speech ability such as:

- The Autism Diagnostic Observation Schedule (ADOS)
- The Clinical Evaluation of Language Fundamentals Fifth edition (CELF-5)
- The Movement Assessment Battery for Children (Movement ABC)
- Sensory Profile
- Beery Assessment of Visual Motor Integration
- Caroline Bowman's Speech Screens
- Pre-School Language Scale 5 (PLS-5).

All of the Sound Solutions Therapists have been trained in administering their respective assessments mentioned above.

If you have any questions, or would like some more information about our practice, please do not hesitate to contact us.

Phone: (07) 4128 4792 Fax: (07) 4148 6344

Email: info@soundsolutionstherapy.com.au

11/107 Boat Harbour Drive Hervey Bay 4655 109b Pallas Street Maryborough 4650





### **SPEECH PATHOLOGY**

Speech Pathologists work with adults and children with communication difficulties (including speech, language, voice and fluency). Sound Solutions Therapy Services provide holistic and client-centred assessment and therapy for all aspects of communication such as writing, reading, signs, symbols and gestures. We can also work with adults and children with swallowing difficulties.

### Speech Therapy can assist Adults with:

- Post-stroke management
- Word finding difficulties
- Swallowing difficulties
- Voice problems
- Management of Parkinson's Disease and other neurological conditions

#### Speech Therapy can assist Children with:

- Speech sound difficulties and delays
- Language difficulties
- Reading and writing difficulties
- School readiness
- Voice disorders
- Late talking
- Fussy eating
- Vocabulary development
- Social skills
- Fluency disorders (e.g. stuttering)



### Sound Solutions Speech Therapists are trained in the following programmes:

- Hanen Language Intervention Programmes
   (It Takes Two to Talk, More Than Words & Talkability)
- Lidcombe Programme for Stuttering
- Cued Articulation
- PROMPT
- Key Word Sign
- Visualising and Verbalising;
- · Paediatric Feeding Education Program;
- Autism Across the Lifespan;
- Augmentative and Alternative Communication Prologuo2go, PODD, PECs.

Our staff can also help children and adults apply for funding through the Medical Aids Subsidy Scheme (MASS). This may be used to help fund items such as speech generating devices and eye gaze devices.

Sound Solutions Therapy Services are able to see children underneath funded programs such as the NDIS - National Disability Insurance Scheme.

### Our office locations are:

- 11/107 Boat Harbour Drive Pialba, Hervey Bay
- 209b Pallas Street, Maryborough

Please call (07) 4128 4792, fax (07) 4148 6344

or **email info@soundsolutionstherapy.com.au** for any further information or to arrange an appointment.

### **NOW NDIS READY**



### **OCCUPATIONAL THERAPY**

The goal of occupational therapy is to find the perfect balance between the skills of the person, their chosen occupation or activity, and the environmental set up.

To achieve this goal, occupational therapists complete extensive assessments and therapy with their clients, to gain insight into their personal skills and qualities, and to facilitate a good fit between this person's environment and activities in their daily lives.

Sound Solutions Occupational Therapists (OTs) help people at all stages of life, with a focus on increasing their participation in the things they need to do and the things they want to do. Therapy is always client centred, holistic and conducted with an end goal in mind.

#### Occupational Therapy can assist Adults with:

- Post-stroke management
- Upper limb therapy
- Home assessment & modifications
- Applications for appropriate assistive aides and equipment
- Management of activities of daily living.

The Occupational Therapists can also conduct HACC (Home and Community Care) assessments for patients over 65 years of age. This includes Domestic Assistance, Personal Care, Home Maintenance and Home Modifications.

### Occupational Therapy can assist Children with:

- Fine and gross motor skill development
- Social & play based skills
- Sensory regulation and self-management (e.g. behaviour management)
- Sensory-motor development
- School readiness
- Developing skills for handwriting
- Management of activities of daily living (e.g. morning routine, getting dressed, toileting, etc)





### Sound Solutions Occupational Therapists are trained in the following programs:

- Gravity and Motion
- Kings of Swings
- Highway Heroes Social Skills Program
- Hydrotherapy
- ALERT Program for Emotional & Self-Regulation
- Traffic Jam in my Brain: Sensory Processing
- Building Blocks for Movement and Praxis
- Principles of Bimanual Integration Therapy for Neuromotor Conditions.

Our staff can also help children and adults apply for funding through the Medical Aids Subsidy Scheme (MASS) - this funding can be used to help with funding things such as continence aids, daily living aids and mobility aids and the Community Aids, Equipment and Assistive Technology Initiative (CAEATI) - this funding source and be used to assist with funding things such as communication devices and assistive technology used in the community and to facilitate community engagement.

Sound Solutions Therapy Services are able to see children underneath funded programs such as the Helping Children with Autism program or the Better Start program.

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### **NOW NDIS READY**











Do you experience difficulties walking around your community and managing all your daily errands? Or perhaps completing everyday tasks at home, like showering, has become increasingly tiring and unsafe?

There are many different subsidy schemes offered to eligible Queenslanders who are having trouble accessing the community, or managing their activities of everyday life. An Occupational Therapist can help select the appropriate aids and equipment for your needs, and assist with the application process.

The Medical Aids Subsidy Scheme (MASS) offers funding for medical aids and equipment that are used in the home, to help you live safely at home for longer. Funding can be provided for aids and equipment such as:

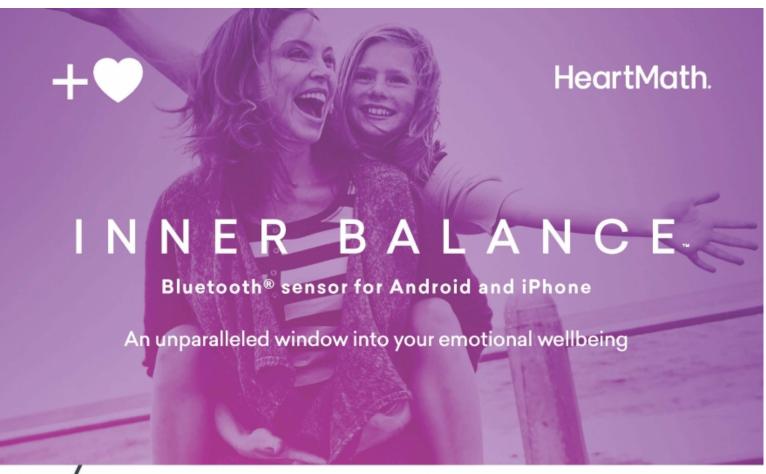
- Mobility aids, such as wheeled walkers and wheelchairs
- Hoists and people lifters
- Pressure cushions and mattresses
- Toileting and continence aids

\* Not for NDIS funded clients

For more information about what aids are available to you, call Sound Solutions Therapy Services to make an appointment with our Occupational Therapist on:

(07) 4128 4792.







### Live Life with Heart

This biometric wellness technology responds to your emotional state to help you improve overall wellbeing, health and happiness. Using the Inner Balance™ technology trains you to release stress producing thoughts and emotions - then real-time heart rhythm coherence feedback confirms the positive lift you feel. Instead of waiting for outer circumstances to change, the Inner Balance trainer helps you learn to create positive change from the inside out.



#### **EXPERIENCE THE BENEFITS**

- · Release and prevent overwhelm
- Shift stress-producing emotional states
- Experience inner stillness
- · Enhance mental clarity
- Access intuition for making better choices
- Improve performance
- Increase energy and resilience
- Sleep better



Decades of HRV coherence research



Independent peer-reviewed studies



Recommended by thousands of health professionals



For more information on any of our products please visit www.heartmath.com

HeartMath is a registered trademark of Quantum Intech, Inc. iPhone is a registered trademark of Apple, Inc. Bluetooth is a registered trademark of of Bluetooth SIG, Inc. Android is a trademark of Google, Inc.





### Sounds Solutions Therapy Services Now Offers the Autism Diagnostic Observation Schedule

The Autism Diagnostic Observation Schedule, Second Edition (ADOS-2) is a 'gold standard' observation assessment of communication, social interaction, play/imaginative use of materials and restricted and repetitive behaviours for individuals with possible autism spectrum disorders.

The ADOS-2 offers different modules for assessing children, adolescents and adults with varying levels of communication skills. Information obtained from the ADOS-2 will assist paediatricians when determining whether a diagnosis of autism spectrum disorder is appropriate.

Medicare and Private Health rebates available

Contact us on (07) 4128 4792 or info@soundsolutionstherapy.com.au for more information.





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